

DIVISION 6032 - 4-H SEWING

Isaac Hilpp Senior Extension Specialist for 4-H Youth Development

1. **Classes in Division:** twelve Junior Classes 790A-799B; eleven Senior Classes 800-810.
2. **Number of Entries Permitted:**
 - a. County may submit ONE entry per class.
 - b. A member may enter up to two classes within their age division in the Sewing Division. (This means: a member's name may appear up to two times in the junior age division or the senior age division but cannot appear in both age divisions on the county's Sewing Division invoice sheet.)
3. **General Rules:**
 - a. See "General Rules Applying to All 4-H Exhibitors in the Kentucky State Fair" at www.kystatefair.org. Click on "Competition," then "Premium Book", then "4-H Exhibits."
 - b. **Item must meet all requirements for the class;** otherwise, the entry will be disqualified.
 - c. Items entered must have been completed by the exhibitor within the current program year.
 - d. The decision of the judges is final.
4. **Unique Rules or Instructions:**
 - a. Items must be "handmade"; no ready-to-wear/factory made items will be accepted for judging.
 - b. Articles of clothing for "Clothing Option" classes are to be made by and constructed for the 4-H member to wear. Doll clothing does not meet the requirement for Clothing Option classes.
 - c. Send **NO additional** accessories or undergarment with any sewing entry unless it was constructed as a part of the project.
 - d. Specific number of items: In classes where there is to be a specified number of articles exhibited and the entry contains more, the judges will be instructed to have the agent who submits the article(s) make the decision on which item(s) are to be judged. In those cases where the situation was not discovered before entry was made, the article(s) to be judged will be left to the discretion of the judges.
 - e. Complete outfit: The definition of a "complete outfit" is an item or items that cover the top and bottom of the body. To be considered a top, a jacket or robe, it must include a front closure. Open front tops that require an under shirt do not count as a complete outfit unless the under shirt is also constructed by the member.
5. **Additional Documentation Required:**
 - a. Documentation is required only in Junior Unit VI non-clothing option, Up Cycle Jr & Sr, and Smart Clothing Jr & Sr projects.
 - i. Documentation may be handwritten or printed by computer on 8.5" X 11" paper.
 - ii. Insert documentation into folder or plastic sheet protector. Attach it to the item using a safety pin or binder clip.
6. **Labeling:**
 - a. Identification Card (4IO-11SO): The State Fair Entry system will generate this label. Safety pin the ID card to the outside of the item for public viewing.
 - b. Small label (4LO-12SA): Safety pin this label to the inside of each article. Do not use straight pins. This label is needed in case garments become separated.
7. **Entry Instructions:** All exhibits are entered through the State Fair's electronic submission system by the county Extension staff.
8. **Awards:**
 - a. Each entry that meets class requirements will receive a ribbon.
 - b. A champion will be named in each class.
 - c. An overall grand champion and reserve champion will be selected.
9. **Class Descriptions:**

Junior Division for 4-H'ers Ages 9-13

Junior members may complete the projects in any order and may repeat a level more than one year. The curriculum includes instructions for making "practice" items; the practice items do not fit in classes in the Clothing Division.

Unit I – Let's Learn to Sew: Beginner skills; See Publication:

<http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf> , pages 3-20 and 55-56.

- 790A Unit I Clothing Option: Shorts, pants, or skirt with casing waistline (elastic and/or drawstring). *Garment must be made from woven fabric and include the following: straight machine stitching, appropriate visible seam finish, and machine stitched hem. This class is for youth ages 9-13.*
- 790B Unit I Non Clothing Option: Apron OR drawstring backpack/shoulder bag OR tote bag with fabric handles OR a laundry bag. *Item must be made from woven fabric and include the following: straight machine stitching, appropriate visible seam finish, and a casing or machine stitched hem. Practice projects (travel kit and tissue holder) are not to be entered. This class is for youth ages 9-13.*

Unit II – Let's Get to the Bottom: Beginner skills; See Publication:

<http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf> , pages 21-38 and 55-56.

- 791 Unit II Clothing Option: Skirt, shorts or pants. *Exhibit must be made from woven fabric and include the following: enclosed seams, appropriate seam finish, interfacing, zipper, and a facing or waistband. This class is for youth ages 9-13.*
- 792 Unit II Non Clothing Option: Zippered tote bag/purse, garment bag, or duffel/gym bag. *Exhibit must be made from woven fabric and include the following: enclosed seams, appropriate seam finish, interfacing, and 14" or longer zipper. (Pre-quilted woven fabric and recycled woven fabric are acceptable fabric choices but use is not required.) Practice projects (book cover, zippered travel bag) are not to be entered, This class is for youth ages 9-13.*

Unit III – Top It Off: Beginner skills; See Publication: <http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf> , pages 39-52 and 55-56.

- 793 Unit III Clothing Option: Shirt, simple jacket, one piece dress with no waistline, cape with a hood or collar, bathrobe, or vest with lining or facing. *Garment must be made from woven fabric and include the following: buttons and buttonholes. A simple lining, trim, collar, and sleeves may be included but are not required. This class is for youth ages 9-13.*
- 794 Unit III Non Clothing Option: Backpack with lining, applied trim, and button/buttonhole closure. Practice projects (hanger cover, pillow case with button closure, gift bag) are not to be entered. *This class is for youth ages 9-13.*

Unit IV – Stretch Your Knit Skills: Beginner skills; See Publication:

<http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf> , pages 45-48 and 55-56.

- 795 Unit IV Stretch Your Knit Skills: 1 or 2 piece complete outfit made from knit fabric; such as a dress, top and bottom, pajamas, or nightshirt. **All garment pieces must be made from knit fabric with a limited amount of one-way stretch; rib knit may be included for neckband and arm/leg band trim only. This class is for youth ages 9-13.**

Unit V – Moving on Up: Intermediate skills; See publication: http://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/junior_unit_v_moving_on_up.pdf

796 Unit V Moving on Up: one-piece complete outfit made from woven fabric; such as a dress, coveralls, or jumpsuit. Item must include at least a zipper and/or buttons and buttonholes. A waistline simple lining, trim, collar, and sleeves may be included but are not required. This class is for youth ages 9-13.

Unit VI – Put it All Together; See Publication: <http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf> , pp. 49-56.

797 Unit VI Put It All Together Clothing Option: 2 or 3 piece complete coordinating outfit; such as warm up suit; dress with jacket or coat, swimwear with cover-up, jacket or shirt with slacks/ skirt. *At least one piece must include sleeves and a collar/hood. No simple casings. Fabric choice may be woven, knit or a combination of the two. This class is for youth ages 9-13.*

798 Unit VI Put It All Together Non-Clothing Option: Original design tote bag or bicycle carrier and documentation folder – made using Wild Ginger Software, Inc. **Wild Things!** Software program, download free at: <https://www.wildginger.com/products/wildthings.htm> . Select the “Tote Bag” or “Bicycle Carrier” option and design a bag that includes at least 2 pockets. Be creative with your design. Required elements: at least 2 pockets; minimum size of 12 inches in height and 12 inches in width. Item must have at least one functional zipper; and creative stitchery or applied trim to personalize your bag. If bag is not lined, the seam allowances must be finished with a bound seam finish. Optional elements: lining, other type closure as design dictates [button(s), hook and loop tape, or snap(s)]. This class is for youth ages 9-13. **In the documentation include:** your name, your county, the name of the unit, class entered, number of years you have been sewing, cost, and the printed design sheets (one for each pocket selected) from the program, and answers to the following questions:

1. How did you choose the size of your tote bag? Did you use any of the default settings in the program?
2. Did you have any trouble using the software or printing your pattern? Explain
3. Did you download the Wild Things! Program to your home computer or use the program at your county extension office?
4. Did you make any changes to your pattern after it was printed? If so, tell what you changed.

Unit: Up Cycle It!—for youth ages 9-13 with advanced sewing skills; See publication: https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/upcycle_project_jr_and_sr.pdf

799A Up Cycle It! Junior—item sewn from recycled/repurposed garments and documentation folder: Sew a garment or fashion accessory from previously worn garments. Recycled fabric is to be the major component of the item. Recycled garments may be cast-offs from the member’s family/friends or purchased at a yard sale or similar low cost source. **Documentation is required.** In documentation include the following: your name, your county, the name of the unit, class entered, number of years you have been sewing; a **“before” photo** of all recycled items used; source of the recycled garment; how the design was created; and any design drawings that were used in the creation. Place documentation in a folder or plastic sheet protector. “Deconstructed” t-shirts which do not include sewing skills do not fit this class. Items for the home do NOT fit this class. Items which do not include sewing as a major means of reconstruction are not eligible for this class. See publication. This class is for youth ages 9-13 with sewing skills.

Unit: Style Engineers—for youth ages 9-13

799B Smart Clothing and documentation: one soft circuit item created using conductive thread and hand sewing and/or machine sewing skills, LEDs, and battery pack. May include items such as an LED bracelet, an illuminating fashion applique, an illuminating fashion accessory, or an illuminating garment constructed by the member.

Documentation: Attach a diagram of the circuitry in your item. Website: <http://styleengineers.org/module/smart-clothing/>. This class is for youth ages 9-13

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Senior Division for 4-Hers, age 14-18

Senior members may complete the projects in any order and may repeat a level more than one year.

Unit: Let's Be Casual- for ages 14-18. (Ask your county 4-H agent for a copy or see publication: http://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_1_a_lets_be_casual.pdf)

800 Let's Be Casual--Clothing Option: 1 or 2 piece complete outfit made from knit or woven fabric such as a dress, top and bottom, simple pajamas, or robe. This class is for youth ages 14-18.

801 Let's Be Casual--Non Clothing Option: 2 coordinating fabric accessories from the following: apron, oven or BBQ mitt, wallet, garment bag, purse, backpack or duffel bag. This class is for youth ages 14-18.

Unit: Dress It Up- for ages 14-18. (Ask your county 4-H agent for a copy or see publication: https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_1_b_dress_it_up_0.pdf)

802 Dress It Up--1 or 2 piece complete "dressy" outfit, such as a dress, suit, pantsuit, sport coat and slacks. Fabric choice may be woven, knit or a combination of the two. This class is for youth ages 14-18.

Unit: Match It Up- for ages 14-18. (Ask your county 4-H agent for a copy or see publication: https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_1_c_match_it_up.pdf)

803 Match It Up--Clothing Option: Choose at least one item from each group to make a complete 3 or 4 piece coordinated outfit:

- Shorts, pants, or skirt
- Top, blouse, or shirt
- Vest, jacket, or sweater

At least one piece is required to have regulation set in sleeves. Fabric choice may be woven, knit or a combination of the two. An accessory item may be included as the fourth piece. This class is for youth ages 14-18.

804 Match It Up--Non Clothing Option: 3 or 4 piece coordinating sport/luggage/travel or fashion accessories set. Ideas include, but are not limited to, a wallet, purse, device carrier, backpack, duffel bag, gym bag or bag for bike or vehicle. Among the items chosen, the set must include the use of applied trim, pockets and at least one 14-inch or longer zipper. This class is for youth ages 14-18.

Unit: Creative Expression for ages 14-18. (Ask your county 4-H agent for a copy or see publication: https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_1_d_creative_expressions.pdf)

805 Creative Expression--Clothing Option: Construct a complete outfit for one of the following activities:

- Halloween, theater, or historic costume
- Uniform for medical profession, cheerleader, dancer, etc.
- Riding apparel

This class is for youth ages 14-18.

806 Creative Expression--Non Clothing Option: Select one of the following and construct a:

- Fabric doll or animal with a wardrobe of two outfits
- Machine appliquéd specialty flag or decorative banner (minimum size 24 inches x 24 inches)

This class is for youth ages 14-18.

Unit: Leisure Time- for ages 14-18 with advanced skills. (Ask your county 4-H agent for a copy or see publication: https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_2_a_leisure_time_1.pdf)

- 807 Leisure Time--Clothing Option: 2 or 3 piece complete outfit. Choose from the following:
- Athletic wear such as leotard, cycling wear, warm-up suit, bathing suit and cover-up, tennis wear
 - Pajamas and robe (must use specialty fabric such as terry cloth, flannel, fleece, nylon tricot)
 - Raincoat and hat or rain suit
- This class is for youth ages 14-18.

Unit: Formal Affair- for youth ages 14-18 with advanced skills. (Ask your county 4-H agent for a copy or see publication: https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/senior_unit_2_b_formal_affair_2.pdf)

- 808 Formal Affair--1 or 2 piece complete outfit, such as a prom dress, bridesmaid dress, or tuxedo. Fabric choice may be woven, knit or a combination of the two. This class is for youth ages 14-18.

Unit: Up Cycle It!—for youth ages 14-18 with advanced sewing skills; See publication: https://4-h.ca.uky.edu/sites/4-h.ca.uky.edu/files/upcycle_project_jr_and_sr.pdf

- 809 Up Cycle It! Senior—item sewn from recycled/repurposed garments and documentation folder: Sew a garment or fashion accessory from previously worn garments. Recycled fabric is to be the major component of the item. Recycled garments may be cast-offs from the member’s family/friends or purchased at a yard sale or similar low cost source. **Additional documentation is required.** In documentation include the following: your name, your county, the name of the unit, class entered, number of years you have been sewing; a **“before” photo** of all recycled items used; source of the recycled garment; how the design was created; and any design drawings that were used in the creation. Place documentation in a folder or plastic sheet protector. “Deconstructed” t-shirts which do not include sewing skills do not fit this class. Items for the home do NOT fit this class. Items which do not include sewing as a major means of reconstruction are not eligible for this class. See publication. This class is for youth ages 14-18 with sewing skills.

Unit: Style Engineers—for youth ages 14-18

- 810 Smart Clothing and documentation: one soft circuit item created using conductive thread and hand sewing and/or machine sewing skills, LEDs, and battery pack. May include items such as an LED bracelet, an illuminating fashion applique, an illuminating fashion accessory, or an illuminating garment constructed by the member. **Documentation:** Attach a diagram of the circuitry in your item. Website: <http://styleengineers.org/module/smart-clothing/>. This class is for youth ages 14-18.

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