# REPORT TO THE PEOPLE Henry County 2023

#### DID YOU KNOW... Henry County 4-H Shooting Sports is number one in the state!



## JUST A FEW OF OUR PROGRAMS

4-H Reality Store • Building Self Awareness • Oils & Vinegars

Youth Ag Day • Farm Tax Class • Raising Steaks & Chops



Website: henry.ca.uky.edu

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#### 4-HYOUTHDEVELOPMENT



2022 Friendsgiving



Number of youth who participated in education related to family and consumer sciences

Number of youth who gained an understanding of the role of agriculture in the production of food, fiber, and wood products

The Friendsgiving Lunch was a collaboration between the Henry County Cooperative Extension Service and the Eminence Independent School District Family Resource Center. The luncheon is the second annual meeting to empower middle and high school at risk females of their self-worth and inner strength. Over 40 students attended the event.

Teen Ambassadors who had completed the GEMS peers program served a traditional Thanksgiving meal to the younger members. A program on manners and table etiquette was presented to allow the participants to enhance their engagement and feel more at ease in social settings. The program concluded with a speaker on personal worth and how to increase selfesteem. Teens were allowed to openly discuss areas in which they felt their strengths and weaknesses. The program was so well received that the family resource director is planning to provide future programming on these topics that began around a dinner shared with friends.

#### AGRICULTURE AND NATURAL RESOURCES

Upon starting my career in Extension I felt that there was a need for more outreach in basic farm financial skills. While there are many resources out there for record-keeping, I wanted to provide a simple approach initially. My first program as the Henry County ANR agent was "Farm Record Keeping- the Basics." Along with the presentation I gave in the class I provided personalized record-keeping binders to the participants. 40 people attended. In my postsurvey, 100% of respondents indicated that the class helped them improve their record-keeping methods. 57% indicated that they had utilized the binder I provided. Following my recordkeeping class, a few months later I held a Farm Tax Class. Jonathan Shepherd, UK Farm Business Specialist was the guest speaker. My post-survey for the Farm Tax Class was very positive with 90% of respondents indicating that something they learned from the tax class will save them money with their farming operation.



2022 Farm Tax Class



21

Number of clients who advocated for ag and/ or environmental issues to elected officials

Number of farmers adopting new technologies in agriculture production

#### FAMILYANDCONSUMERSCIENCES



**Building Self Awareness** 

40

40

Number of program participants reporting adoption of physical activity Number of program participants who

demonstrated an increase in physical activity levels

According to the Eminence Police Department, the crime rate in our state and country, including Henry County has continued to increase; Therefore, the Family & Consumer Sciences (FCS) Extension Agent collaborated with the Eminence Police Department conducted a program of being self-aware. The Eminence Police Department Major presented ways to be self-aware while at home, while out on the town, and on vacation. The Major stated, "most citizens do not realize while you are on the internet, you are not anonymous. Guard what you put out, personal life, schedules, children information, even purchases." The Major also discussed ways to be self aware at work and the consideration of weapons we already have: keys, hands, feet, and teeth. The Major emphasized to always have a plan wherever you are; stay confident and aware!

The program was well received by those who attended, expressing they each had learned something new and would make at least one change to their daily lives to be more aware and to keep themselves safe. Since the program, the question has been asked if it will be offered again? Yes!

#### **Nutrition Education**

Each year, UK Cooperative Extension Agents and Nutrition Education Program (NEP) Assistants help community partners and clients plant gardens throughout the state by providing education, expertise, seeds and gardening supplies. Due to the COVID-19 pandemic, additional efforts were made to reach lowresource, limited income audiences and families. The Victory Garden Campaign, in collaboration with the Kentucky Department of Agriculture, was one such effort.

UK Extension Offices distributed more than 5,000 of the Kentucky Victory Garden toolkits developed by NEP. The kits were handed out at Farmer's Markets, Extension offices and plant giveaways. Surveys around the Commonwealth reported 45% of garden growers this summer were growing a garden for the first time.



Performing Arts Troupe



NumberofartsExtensionprograms/activitiesin skilledartsdevelopmentconducedbyvolunteers.

(850)

Numberofparticipantsreportingappreciation of artistic accomplishments.

# NOTHINGISOUTOFREACH.

## Healthy Families. Healthy Homes. Healthy Communities.



Website: extension.ca.uky.edu



Facebook:@UKCooperativeExtension



Twitter: @UKExtension



YouTube: @UKAgriculture

## ... just a few ways Extension supports Kentucky

- **14,297** Kentuckians increased their knowledge of Ag Policy including: Farm Bill and Environmental issues
- **141,336** Kentucky producers gained knowledge of forage production, management and/or profitability which could include species, best management practices for species, forage harvest and storage, pasture renovation
- **3484** Acres of hemp were impacted by Extension programming, resources and/ or consulting
- 84,353 Dollars in EBT, WIC, or Senior benefits redeemed at farmers' markets
- 88,709 Kentuckians gained knowledge related to financial management

#### COOPERATIVE EXTENSION



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